

**The Fire in You** invites you to celebrate your own inner light, your passion, your true power, the bright creative spark of life in each of us.

Each song explores an aspect of what it means to be human – archetypal challenges and experiences we all share. Unrequited love in **Your Heart is a Mystery**, taking responsibility for the consequences of a passionate but heart-breaking romance in **Man of War**, experiencing moments of connection with the vast and eternal in **Listen to the Calling**, dealing with uncertainty and daily challenges in **Order in my Life**.

**Shining Star** refers to the inner fire, the light which we are, despite our struggles and perceived failures. Discouragement is part of life, but we have the power to re-orient ourselves and keep steady on our path, with all its detours, fueled by the passion in our hearts.

**The Sunshine of my Life** reminds us that we can create joy in our everyday lives by being aware of the miracle of life itself. Our divine spark is our inner sun, the fire that always shines in us, regardless of whatever is going on outside. Other songs are great hymns to issues we face as a part of the human collective. How can we find new kinder ways to live in peace with ourselves and with each other?

**One Body, One Humankind** is a plea to give up the mutually destructive hatred of the arch-enemy and instead accept our common humanity. We all benefit if we choose compassion and mutual respect as a basis for moving forward together. The music and the choir in the song open our hearts so that we feel this is possible.

**Aren't I a Human? (Worthy Woman)** is a plea to honor the innate value of every person. It is addressed especially to the unimaginable suffering caused by Female Genital Mutilation\* and by all other forms of oppression of women, whose lives are endangered or talents unfulfilled. The same holds true for any group which is seen to be less valuable, less human.

**A New Wind is Blowing** and **There is a Spirit Calling** invite us to be part of a new vision in which everyone is valued and everyone wins. The songs are a response to the many challenges we face at this crucial time in human history. They offer assurance that we will indeed achieve a grander, greater vision. This album is intended to comfort, to reassure, to uplift, to relax, to heal, to give renewed joy and hope, and to remind us that we are all going through this together, no one is alone. We are One Humankind.

***Monika Cyrani and Patricia Pinckney Biondo*** lovingly created these songs over a period of years, Patricia contributing most of the lyrics and Monika transforming Patricia's melodies into magnificent rich compositions, including orchestration, background voices and choirs - all composed and performed by Monika. (The choirs sung with a little help from her friends!)